

**GENERAL CHARACTERISTICS OF THE PROGRAMME OF STUDY
for the 2024/2025 intake**

1. **FACULTY OF HEALTH SCIENCES**
2. **FIELD OF STUDY: NURSING**
3. **EDUCATIONAL PROFILE: PRACTICAL**
4. **LEVEL OF EDUCATION: FIRST-CYCLE STUDIES**
5. **FORM OF STUDY: FULL-TIME**
6. **PROFESSIONAL TITLE GRANTED TO GRADUATES: BACHELOR OF NURSING**
7. **ASSIGNMENT TO THE AREAS OF SCIENCE: MEDICAL AND HEALTH SCIENCES**
8. **ASSIGNMENT TO SCIENTIFIC DISCIPLINES (in accordance with ECTS credits) ALONG WITH THE INDICATION OF THE LEADING DISCIPLINE (min. 50% ECTS credits):**

Nursing	ECTS credits	
	number	%
HEALTH SCIENCES – leading discipline	172	82
MEDICAL SCIENCES	38	18

9. SUMMARY INDICATORS CHARACTERISING THE PROGRAMME OF STUDY:

No.	INDICATOR	VALUE	
		Full-time programme	Part-time programme
1.	Number of semesters and ECTS credits required to complete studies	7 /210	-
2.	Total number of teaching hours	4786	-
3.	Total number of ECTS credits which the student obtains in classes with the direct participation of academic teachers or other persons who conduct classes	113	-
4.	Total number of ECTS credits which the student obtains in practical skills courses	137	-
5.	Total number of ECTS credits which the student obtains in classes in humanities or social sciences – for fields of study assigned to the disciplines within the areas of science other than humanities or social sciences respectively	18	-
6.	Total number of ECTS credits which the student obtains in elective courses	1	-
7.	Total number of ECTS credits which the student obtains in internships	46	-
8.	Total number of hours of internship	1200	-
9.	In the case of full-time first-cycle studies and uniform master's studies, the number of hours of physical education classes	60	-
10.	Total number of hours of classes taught using distance learning methods and techniques	225	-

Terms and forms of internship are determined by the Internship Regulations.

10. THE CONCEPT AND GOALS OF EDUCATION AND THE GRADUATE PROFILE:

First-cycle studies in nursing are fully compatible with the University's development strategy and in accordance with the Regulation of the Minister of Science and Higher Education of July 26, 2019 on standards of education preparing to practice the profession of doctor, dentist, pharmacist, nurse, midwife, laboratory diagnostician, physiotherapist and paramedic (Journal of Laws of 2019, item 1573, as amended). Students are shaped into creative, confident citizens who, as graduates, will have an impact on the development of society.

The program of study is focused on the practical study of the nursing profession. Graduates will be equipped with academic knowledge, practical skills and professional competences that meet the requirements and challenges of the labour market.

After completing the studies, the graduate knows and understands:

- 1) development, structure and functions of the human body in normal and pathological conditions;
- 2) etiology, pathomechanism, clinical symptoms, the course and methods of diagnostic and therapeutic procedures in selected diseases;
- 3) conditions and mechanisms of the functioning of healthy and sick people;
- 4) health care system in Poland and selected member states of the European Union;
- 5) principles of health promotion and disease prevention;
- 6) models of nursing care for healthy, sick, disabled and dying people;
- 7) ethical, social and legal conditions for practicing the nursing profession.

In terms of skills, the graduate is able to:

- 1) provide health promotion and disease prevention services;
- 2) administer first aid and undertake emergency cardiopulmonary resuscitation;
- 3) recognize health problems and determine priorities in nursing care;
- 4) independently organize, plan and provide comprehensive and individualized nursing care for an ill, disabled or dying person, using current medical knowledge;
- 5) independently provide preventive, diagnostic, therapeutic and rehabilitation services (to the extent specified in the regulations);
- 6) decide on the type and scope of care and nursing services;
- 7) cooperate with the patient's family or guardian in achieving the established goals of nursing care and educational activities;
- 8) take history from the patient and conduct physical examination in order to make a nursing diagnosis;
- 9) issue prescriptions for medicines, foodstuffs for particular nutritional uses and medical devices necessary for the continuation of treatment as part of the execution of medical orders;
- 10) analyse the quality of nursing care;
- 11) organise their own work and the work of subordinate staff as well as cooperate in health care teams.

In terms of social competences, the graduate is ready to:

- 1) be motivated by the patient's welfare, respect the dignity and autonomy of persons entrusted for care, show understanding for ideological and cultural differences as well as empathy in relations with the patient and their family;
- 2) respect the patient's rights;
- 3) practise the profession independently and reliably in accordance with the principles of ethics, including compliance with moral values and obligations in patient care;
- 4) take responsibility for professional activities performed;
- 5) consult experts in the event of difficulties in solving the problem on their own;
- 6) anticipate and take into account factors influencing one's own and patient's reactions;
- 7) notice and recognize one's own limitations in terms of knowledge, skills and social competences as well as self-assess educational deficits and needs.

After completing first-cycle studies in nursing, the graduate can apply to the appropriate district chamber of nurses and midwives for the license to practise the profession of nurse, which entitles him or her to practise the profession of nurse in Poland. After completing first-cycle studies in nursing and obtaining the license to practise the profession, the graduate will be prepared in accordance with the Act on the professions of nurse and midwife of July 15, 2011 (Journal of Laws of 2022, item 2702, uniform text) to practice the nursing profession by providing health services, in particular consisting in:

- 1) identifying health conditions and needs of patients;
- 2) identifying patient care problems;
- 3) planning and providing patients with nursing care;
- 4) providing particular preventive, diagnostic, medical and rehabilitation services as well as medical emergency treatment;
- 5) fulfilling medical orders in the process of diagnostics, treatment and rehabilitation;
- 6) deciding about the type and scope of the nursing care;
- 7) health education and health promotion.

In addition, the graduate will be prepared to practice the profession independently and to work in public and non-public health care institutions, including hospitals, primary health care centres, nursing and care centres, health and care centres, palliative and hospice care centres, care homes, sanatoriums, schools and emergency medical service units.

Pursuant to the Act on the professions of nurse and midwife, the practice of the profession of nurse also includes:

- 1) conducting scientific and research work in the field of nursing;
- 2) heading and managing teams of nurses or midwives;
- 3) being employed in a health care institution in administrative positions which involve the preparation, organisation or supervision of health care services;
- 4) being employed in institutions obliged to finance health care services from public funds within the meaning of the provisions of the Act of August 27, 2004 on health care services financed from public

funds (Journal of Laws of 2021, item 1285, as amended) or in offices providing services for these institutions, which involves the preparation, organisation or supervision of health care services;

5) being employed in public administration institutions whose services include health care supervision;

6) serving in official positions at the Ministry of National Defence and in organizational units subordinate to the Minister of National Defence which involve activities related to health protection and health care;

7) serving in official positions in the Central Board of Prison Service and other Prison Service positions, which involve the preparation, organisation and supervision of health care services by a medical entity for the imprisoned;

8) being employed in care homes as defined in the provisions on social welfare, taking into account the professional qualifications of a nurse specified in the Act;

9) being employed as a nurse in a nursery or children's club as defined in the Act of February 4, 2011 on day care for children under the age of 3 (Journal of Laws of 2022, items 1324, 1383 and 2140) ;

10) holding an elected office in the units of the self-government of nurses and midwives or working for the self-government;

11) being appointed to hold an elected office in a trade union outside the nurse's workplace, if the election results in the obligation to hold this office as an employee, or to serve in the management board of the company's trade union, if holding of the office involves being exempted from reporting for duty;

12) being employed or serving as a perfusionist after completing a qualification course in the field of perfusion organized by the Medical Centre for Postgraduate Education, as referred to in the Act of September 13, 2018 on the Medical Centre for Postgraduate Education (Journal of Laws of 2021, item 77) or the Polish Association of Perfusionists.

After completing first-cycle studies in nursing, the graduate is entitled to apply for second-cycle studies in nursing and postgraduate studies.

Authors: